

MONSA
Missouri Nursing Students' Association.

THE PULSE

REAL SIMPLE

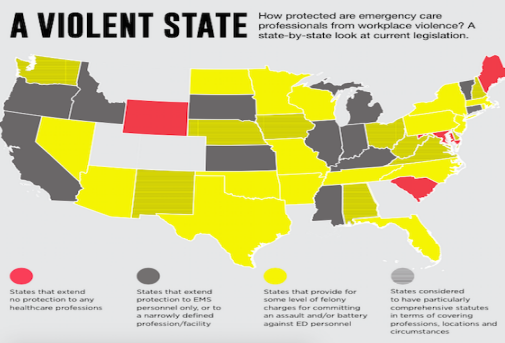
WHAT WE HAVE DONE
FOR OURSELVES ALONE,
DIES WITH US;

WHAT WE HAVE DONE
FOR OTHERS AND
THE WORLD, REMAINS AND
IS IMMORTAL.

ALBERT PIKE

WELCOME to the March 2016 edition of

The Pulse! In this issue we will be kicking off our SNA Chapter Spotlight, provide an update on conventions, and let you know how you can get involved!



WWW.MONSA.ORG

WWW.FACEBOOK.COM/MISSOURIUNIVERSITYSTUDENTS

Volume 2 Issue 1

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March 2nd 2016

Nurse Advocacy Day

In this issue of *The Pulse* we will begin our newest segment, SNA Chapter Spotlight.

Each month we will begin taking entries from SNA Chapters across the state for their chance to be featured on how they are getting involved in their communities! For more information on how to submit an entry for your school please look to page 5. Our first spotlight comes from **Goldfarb School of Nursing at Barnes-Jewish College** in St. Louis, MO.



For the past two semesters, students at Goldfarb have been spending their Thursday evenings out in the community at what they like to call, Wound Care Clinics. A local minister, Pastor Paul, began having these gatherings several years ago. Pastor Paul and his two brothers, all previously homeless, do everything they can to help those in need. They assist the homeless and less fortunate who attend the clinic by distributing food, clothing, and basic toiletries. After some time, Dr. Kathleen Thimsen, Goldfarb nursing instructor and certified wound ostomy care nurse, began taking students with her to help this specific patient population. Students make use of basic nursing skills, such as blood pressure checks, auscultation of heart and lungs sounds, cleansing and re-bandaging wounds, and teaching patients how to maintain their health.

Convention Updates



What: 64th Annual NSNA Convention

Where: Orlando, Florida

When: March 30 — April 3, 2016

Enhance your classroom and clinical experience by attending the 2016 NSNA Annual Convention, where you will network with students, faculty and nursing leaders from across the USA. General sessions, seminars, workshops and poster presentations will enhance your academic and clinical skills and you will expand your network at social events and in the exhibit hall. Graduating seniors will gain confidence with the NSNA/Cengage Learning NCLEX-RN® Mini Review. NSNA's highest policy-making body, the House of Delegates, will engage state and school chapter leaders in resolutions and elections. Plus . . . faculty programs earning contact hours will ensure that there is something for everyone in Orlando, Florida! The Convention takes place at Disney's Coronado Springs Resort, a Spanish Colonial Mexico themed property. Your stay includes complimentary WIFI throughout the hotel, free shuttle bus to all Disney parks, free airport transportation, free self-parking, four restaurants, four outdoor pools, free fitness facilities available 24 hours/day for guests, and a business center offering printing, faxing and shipping services. Lifelong memories, leadership opportunities, networking and endless educational opportunities await you. Be a part of NSNA's Annual Convention where Imaginations and Journeys meet!

Convention Updates



What: 34th Annual NSNA Midyear/MONSA
Annual Convention

Where: Kansas City, MO

When: November 10 — 13, 2016

With the NSNA Board in town, MONSA is pleased to announce that we will be partnering up for NSNA's Midyear and MONSA's Annual to bring you one convention you won't want to miss! Mark your calendars now and be sure to check back on our website as we continue to update the web page with more information. See you in November!

For more information on either convention please visit us at www.monsa.org

Get Involved!



Be sure to enter your schools SNA Chapter into our spotlight search for a chance to be featured in an upcoming newsletter! Entries can include your SNA getting involved in the community or just any fun event your SNA is sponsoring!

Submit entries at any time to Brandon at prdirectormonsa@gmail.com



MONSA'S ANNUAL TSHIRT DESIGN CONTEST!!!

2016
MONSA CONVENTION

T-Shirt Design Contest!!!

- *Submit your best design.
- *Top 3 designs to be voted on by the nursing students of Missouri.
- *Winning shirt will be for sale at the 2016 MONSA Convention/NSNA Mid-year Convention in Kansas City, MO.

2016 Missouri Nursing Students' Association Convention T-Shirt Design Contest

Rules:

- Design a shirt of your choosing (either as .jpeg or .doc file), short sleeve front and/or back.
- Submit the design no later than September 23, 2016 at 17:00 to MONSA Public Relations Director Brandon M. Schlechter at prdirectormonsa@gmail.com.
- The MONSA Board will select their favorite 3 designs and post the top 3 designs on the MONSA FaceBook page, <https://www.facebook.com/missouri-nursing-students>, to be voted on by the students, and will remain up until from September 26th – September 30th at 1700.
- The winning shirt will be available for sale at the 2016 MONSA Convention/NSNA Midyear Conference in Kansas City, Missouri on November 10th – November 13th, 2016
- The winner will receive free admission to the convention as well as the shirt they designed for free.

Please be sure that shirt designs are appropriate

CONTACT US!!!

Questions, comments, concerns? Just want to talk? PLEASE email us! We love to hear from our members!

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